

## **AHA Heartsaver: BLS for the Healthcare Provider**

**Course Description:** The Basic Life Support (BLS) for Healthcare Provider course is designed for a wide variety of healthcare professionals. This class teaches the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. The course is a required learning course for all healthcare professionals.

**Designed for:** Healthcare Providers (Nurses and Nursing Students; Physicians; Medical/Dental Assistants; Physical and Occupational Therapists)

**Certification:** 2 Years

**Class Length:** 5-6 Hours

**Cost/Person:** \$55

## **AHA Heartsaver: Adult/Infant/Child CPR/AED and First Aid**

**Course Description:** The HeartSaver CPR/AED course is designed for the lay responder. This class teaches the skills necessary to overcome reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies. Through "hands-on" training and video demonstrations, students will learn the standard protocols for administering proper CPR techniques and understand when and how to use an automated external defibrillator (AED).

**Designed for:** Everyday citizens including: employees; parents; teachers; coaches; babysitters and other care givers.

**Certification:** 2 Years

**Class Length:** 4-6 Hours

**Cost/Person:** \$45

## **AHA Heartsaver: CPR/AED**

**Course Description:** The Heartsaver CPR/AED course teaches both CPR and AED use as well as relief of choking in adults, children & infants and the use of barrier devices for all ages. Techniques for all age groups, from newborn to the elderly. .

**Designed for:** Everyone – parents, concerned citizens, security staff, general corporate and industrial workers.

**Certification:** 2 Years

**Class Length:** 2-3 Hours

**Cost/Person:** \$30

## **AHA Heartsaver: Basic First-Aid**

**Course Description:** An OSHA-required course for employees in many work settings, this class teaches how to manage illness and injuries in the first few minutes until professional help arrives. Course covers response techniques for recognizing and managing breathing emergencies, identifying and caring for bleeding, sudden illnesses, and injuries such as cuts, and limb fractures/breakages.

**Designed for:** Daycare providers, concerned citizens, corporate first aid providers, general industry workers.

**Certification:** 2 Years

**Class Length:** 7 Hours

**Cost/Person:** \$55

## **AHA Pediatric First Aid**

Course Description: The Heartsaver Pediatric First Aid Course teaches how to manage illness and injuries a child in the first few minutes until professional help arrives. Course topics include first aid basics, medical emergencies, injury emergencies, environmental emergencies with first aid topics and CPR & First Aid, asthma care for Childcare Providers.

**Certification:** 2 Years

**Class Length:** 6 Hour

**Cost/Person:** \$45

## **AHA Heartsaver: AED**

Course Description: The Heartsaver AED Course teaches CPR & AED use, relief of choking for both adults and children and infant CPR and use of barrier devices for all ages.

Designed for: Everyone – parents, concerned citizens, security personnel, AED owners, corporate employees, fitness center workers and anyone interested in learning how to save a life and use an AED.

**Certification:** 2 Years

**Class Length:** 2 Hour

**Cost/Person:** \$30

## **AHA Heartsaver: Bloodborne Pathogens**

Course Description: An OSHA-required course for employees in many work settings, this class explains safe work practices for all employees, primarily those who work in harsh and challenging environments and who work with human blood or tissues. This course covers the definition of bloodborne pathogens, protection from exposure including universal precautions, and spill cleanup procedures.

Designed for: Everyone - If requested, this class may be added only to the HeartSaver CPR/AED/First Aid course.

**Certification:** 2 Years

**Class Length:** 1 Hour

**Cost/Person:** \$10